



January 2016

THE TOWN WATCH

Lakewood Village TX Neighborhood Watch



Neighborhood Watch is about MORE Than Fighting Crime

Neighborhoods across the nation use Neighborhood Watch programs to prevent crime and build stronger relationships with law enforcement. Yet Neighborhood Watch is not just about crime prevention. It is about getting to know neighbors and enhancing the quality of life in our neighborhoods and community. An important goal at our future 2016 Block Captain meetings & neighborhood get together's will be to learn more about each other, so neighbors are available to help each other during difficult times. These days many Neighborhood Watch groups have begun using social media to communicate, amplify and enhance their efforts, just as we have here in Lakewood Village with our captain email chain and Neighborhood Watch Facebook page. Only CONFIRMED LWV residents are eligible to be included on this page, with strict requirements that the page is to be used for Neighborhood Watch, Safety information and Communication regarding crime in our town.

Lakewood Village residents, you have already made our neighborhoods a safer place to live by adopting a more observant and active attitude and, as a result, have become more aware of strange cars, persons, or circumstances. You may have been a block captain in 2015 and not even realized it when you noticed and reported anything suspicious in our community.

Keeping your eyes and ears open in our town has already developed into a daily habit of becoming more aware of what is going on in our neighborhoods and on our streets.

What a TERRIFIC asset for our community!

If you have any questions or comments for us, please send email to:

lwwatchprogram@gmail.com
As always, Be Safe & Happy 2016!
Your Co-Chairs,
Joni Lehan & Janie Newsome

January is the Deadliest Month for Carbon Monoxide Poisoning

Article via: Consumer Reports News: January 03, 2008

According to a new study by the federal Centers for Disease Control and Prevention, the first month of the year is the worst for carbon monoxide poisoning. At least two people die each day from carbon-monoxide poisoning in January—three times the fatality rate recorded in August and July. Unintentional carbon monoxide exposure accounted for 15,000 emergency room visits annually between 1999 and 2004, with an average of 439 people dying each year.

Fatalities were highest among men and senior citizens: Men because they are engaged in more high-risk behaviors such as working with fuel-burning tools or appliances and seniors because they are likely to mistake the symptoms of CO poisoning (headaches, nausea, dizziness or confusion) for the flu or fatigue.

It should come as no surprise that CO deaths are the highest in winter (December is the second highest month). Cold weather increases the use of gas-powered furnaces as well as the use of risky alternative heating and power sources (portable generators, charcoal briquettes, propane stoves or grills) during power outages. It's also understandable that the highest CO death rates are in colder states: Nebraska, Wyoming, Alaska, Montana & North Dakota. By contrast, California has the lowest fatality rate.

With these sobering facts it's a good time to remember the following safety tips to prevent CO poisoning:

- Have your heating system, water heater and any other gas, oil or coal-burning appliance inspected and serviced by a qualified technician every year.
- Install battery-operated CO detectors on every level of your home.
- Don't use a generator, charcoal grill, camp stove or other gasoline or charcoal-burning device inside the home, basement or garage or outside the home near a window.
- Don't burn anything in an unvented stove or fireplace.
- Don't let a vehicle idle inside a garage attached to a house, even if the garage door is left open.
- Don't heat a house with a gas oven.

If a CO detector sounds, leave your home immediately and call 911 from outside. Seek prompt medical attention if you suspect CO poisoning and if you or someone in your household is feeling dizzy, light-headed or nauseated.

**To report suspicious activity,
call Denton County Sheriff's Office
(940) 349-1600**